

2010 COMMUNITY RESOURCE LIST (03/10/10)

The intent of this Resource List is to provide an information service of agencies within the Plano Community and Metroplex. No attempt is made to pass judgment on programs or agencies by their inclusion or exclusion. Listed in "categories of need" and alphabetically.

EMERGENCY NUMBERS

Assistance Center of Collin Co. (Formerly INFORMATION and REFERRAL) 900 e. 18TH St., Plano-Dir. Jackie Hall-Plano Office: (972) 422-1850
A FREE information service funded by United Way. Got a problem? Give us a call!

CRISIS/SUICIDE CENTER 24-Hour Hotline – (214) 828-1000 / **Teen Contact Hotline** – (972) 233-8336 **Adult** - (972) 233-2233 Office (972) 233-0866
Child Abuse Hotline – 1-800-252-5400 Local # (972) 562-5832 / Outreach Counseling (972) 424-4626
CONTACT (24-Hour Telephone Counseling) – (972) 233-2233 – CONTACT TEEN Crisis Hotline (972) 233-8336
HOPE'S DOOR (Collin Co. Women's Center) – (972) 422-7233
Life Path Systems (Formerly MHMR) – (972) 562-0190
North Texas POISON CONTROL – 1-800-222-1222
Plano Police Dept. – Emergency #911 – Non-Emergency (972) 424-5678 909 E. 14th street 75074
Allen Police Dept. – Emergency #911 – Non-Emergency (972) 727-0200 205 W. McDermott Drive
Rape Crisis Center of Collin County – (TAP-I Educational Program / Spanish Counseling available) – (972) 985-0951
RUNAWAY HOTLINE – (24-HOUR HOTLINE) Call 1-888-580-HELP or 1-888-580-4357
STOP DRUGS – Stop the flow of drugs in Plano! Report drug use anonymously @24-Hour Hotline – (972) 941-7867
TEXAS YOUTH HOTLINE – (Phone Counseling) Texas Dept. of Protective & Regulatory Serv. (24-Hour Hotline) 1-800-210-2278

CRISIS---EMERGENCY NUMBERS

RIGHT DIRECTION CRISIS INTERVENTION—PO Box 520067, Salt Lake City, Utah 84152 **www.crisisinterventioncoaching.com**
Conducts intervention and transport of adolescents and young adults to treatment centers. 888-592-8400

COMMUNITY AGENCIES AND PROGRAMS

Allen Community Outreach—801 E Main Street, Allen, Tx 75002—(972)727-9131—www.acocares.org
ACO offers short-term assistance for individuals and families. Services include: Information and Referrals, Client Assistance with Rent, Utilities, Food, and Clothing, Job Placement and Counseling, Care and Share Closet, Holiday Programs: Thanksgiving Food Distribution, Christmas Gifts for Children, Teens and Seniors, School Supplies for Low Income Families, Meals-On-Wheels, and more.

Barney & Me Boxing Program – 1207 E. Louisiana, McKinney, TX 75069 – (972) 562-5958 – Ages 7-17

Big Brothers/Big Sisters of Dallas & Collin Co. – 2900 Live Oak St., Dallas 75204 – (214) 871-0876
Volunteers serve as friends/role models for children ages 6-15 from single-parent families.

Boys & Girls Club of Collin County – 1111 Avenue H. Plano – Karen Johnson, Branch Director – (972) 424-6301
Offers athletic, educational, social and recreational activities for youth ages 6-18. Volunteers welcome.

CHILD PROTECTIVE SERVICES OF TEXAS – CHILD ABUSE-- **www.txabusehotline.org**, Report it! It's the Law! 24-Hour Hotline-
1-800-252-5400 Investigates allegations of neglect, abuse, assault and sexual molestation of children. Local (972) 562-5832 / Metro (817) 640-6200

Children's Advocacy Center – 2205 Los Rios, Plano, 75074 – Coordinates Agencies for victimized children – Dir., George Farr – (972) 633-6600
www.cacplano.org

Child Support Office – Div. of the Attorney General's Office – 830 Central Pkwy. East, Ste 350, TX 75074 – (469) 241-6500 / Fax# (469) 241-9841
Enforces Child Support Order; Establishes paternity; Enforces Medial Support; Withholds wages for non-payment of Child Support; Reports delinquent parent to the Credit Bureau. Open Monday-Friday from 8:00 am to 5:00 pm except holidays.

Clothes Closet of Plano – First Presbyterian Church, 1500 Jupiter Rd., Plano – Director, Mary Ann Miller – (972) 424-7844

COLLIN COUNTY ASSISTANCE—900 E 18 th Street, Plano, Tx 75074....(972) 422-1850

COLLIN COUNTY MENTAL COMMITMENTS—1800 N Graves Street, Ste 120, McKinney, Tx 75069...(972) 424-1460 ext 6401

Dispute Mediation Services – Provides assistance in resolving disputes. Dallas County Office- 3400 Carlisle Suite 240; LB9: mail box; (214) 754-0022

Douglass Community Center – 1111 Avenue H, Plano, TX 75074 – (972) 941-7174 or (972) 941-5461

Activities sponsored by the Plano Parks & Recreation Dept. include: 1) Educational classes; 2) Tutoring Programs; 3) Youth Sports Programs; 4) Summer Camp; 5) Senior Citizens Activities; 6) Special Events for the community; 7) Single Mom's Support Group; and 8) Incentive Scholarship Program; 8) Expanding Horizons Youth Program – (For youth 7-17 yrs./Meets after 3:00 pm) Volunteer opportunities are numerous and welcome. (No more community service)

Eye Exams/Glasses – (Lions Club, Dallas Office): (972) 276-1250 – Contact School Nurse for referral to Low Vision Clinic

Provides referral/financial help to children who need eye surgery. Any child who qualifies for a free school lunch qualifies for the eyeglass program.

Food Pantry of Plano – Holy Nativity Episcopal Church, 2200 18th St., Plano (West of Jupiter; 2100 block); Dir. Sharon McDuff – (972) 424-4574

Allen Food Pantry – Allen Community Outreach, 301 W. Boyd, Allen; Dir. Glenda May – (972) 727-9131

Human Resources & Child Welfare of Texas – 901 N. McDonald, Ste. 100, McKinney – (972) 562-5832

Administers and provides qualifying information for the Food Stamp Program and Medicaid Benefits. To Report Child Abuse 1-800-252-5400

Immigration & Counseling Services: (Catholic Charities) 5415 Maple Ave., #400, Dallas, 75235 – (214) 634-7182

Provides assistance and counseling for persons seeking legal immigration status/political asylum/U.S. citizenship as well as special assistance for abused immigrant women. www.catholiccharitiesdallas.org

Legal Services of N. Texas – McKinney – Legal Aide for qualifying clients; 901 N. McDonald St. Suite 702 75069 (main office) McKinney: (972) 542-9405 or 1-800-906-3045 FREE Legal Phone Assistance: Collin County: 1-888-529-5277 / Dallas County: (214) 744-5277

Mentoring Brother 2 Brother, INC. P.O. Box 2702, Cedar Hill, Tx 75106-2702. Phone: 972-345-9194 Fax: 928-496-3771 Website: <http://MB2B.org>

Mentoring Brother 2 Brother, Inc. was created ten years ago with the mission to successfully mobilize at-risk young men between the crucial ages of 6-18, strategizing them through educational tutoring, leadership training, mentoring programs and community service projects to be a catalyst in directing their paths away from negative peer pressure, unacceptable moral behavior, gangs and other negative urban-living obstacles, and empowering them to become our future leaders and thinkers as well as socially, culturally and community conscience African American young men.

North Texas Youth Connection Star Program: 469-854-6251 www.ntxyouthconnection.org Offers FREE crisis intervention and counseling to any family in Collin County who has a child age 0-17 and under struggling with family conflict, truancy, or other out of control behaviors. Families must complete an intake than will be referred for 4 free initial sessions with the possibility of up to 4 additional sessions pending approval. **The STAR Program is free!!** Clients cannot have an active CPS case or be adjudicated. Call the office and let them know you want to set up an appointment for intake.

Plano Community Charities (formerly Phoenix Ministries) 2436 Avenue K Plano – Dir. Pat Sloan – (972) 578-0399

PROVIDENCE HOME: PO box 260671 Plano, Tx 75026-0671 214-215-8368 The mission of the Dallas Providence Homes, Inc. is to transform lives through a 24 month continuum of care, counseling, housing and life-skill training which allows women and their children who are victims of domestic violence to become self sufficient.

Salvation Army of Collin Co. – 3528 E. 14th St., Plano, Tx 75074 – For assistance and qualifying guidelines, call Capts. John & Kristina Branscum (972) 423-8254 fax 972-509-5319 www.salvationarmysouth.org

Samaritan Inn – 1710 N. McDonald St., McKinney, TX 75071– 24-Hour (972) 542-5302 FAX 972-569-9988 Homeless shelter of Collin Co. – Case Worker, Tracy Westhoff / Volunteer Services, Cheryl Spofford. www.thesamaritaninn.org

TEXAS LAW HELP –FREE – low-cost civil legal assistance in Texas—Housing—Health—Disability—Civil Rights—Family law and domestic violence—Immigration/naturalization/citizenship—Income tax help....ONLINE www.texaslawhelp.org

VICTIM'S Assistance of Collin Co. – FREE services thru District Attorney's Office – METRO (972) 424-1460 x4323 OR (972) 548-4323 FAX (972) 548-4388 Support for Victims of Violent Crime and their families, including families of homicide, as they recover from the physical and psychological trauma of violent crime. Services: 1) court accompaniment; 2) crisis counseling; 3) criminal justice system reform; 4) follow-up contact; 5) assistance in filing claims; 6) shelter/safe house; 7) emergency legal assistance; 8) transportation; 9) child care; 10) repairs to secure premises; 11) emergency food; 12) advocacy; and 13)public awareness.

Women's Shelter of Collin Co. (HOPE'S DOOR) – (Location not published to protect clients) – HOTLINE – (972) 422-7233

The 20-bed shelter offers individual and group counseling, legal referrals and children's counseling

BRIDGE, a support group for women who want information about family violence and abusive relationships. Call (972) 422-2911 x14.

Y.M.C.A. of Plano – 5101 Tennyson Pkwy., Plano 75024 – Community Service opportunities available. Walk in or give us a call! (972) 378-9622

SERVICES:Adult fitness; youth recreation and sports; after-school child care; summer day camp; swimming lessons and group clubs for boys/girls 7-16

Youth Edge Program—NORTH CENTRAL TEXAS WORKFORCE -- ckelly@dfwjobs.com. –820 Jupiter Road, Ste 100, Plano, Texas 75074—(469) 229-0099 ext 270 FAX: 469-241-0929. Job & Educational training.

COUNSELING RESOURCES

Access Counseling Group, Inc.—2600 Avenue K, Ste 102, Plano, Tx 75074—972-423-8727—fax: 972-423-8918. They offer Intensive Outpatient, Supportive Outpatient, Individual and Family Counseling. They also offer Friday night support group meetings for adolescents and are a North Texas affiliate of MADD. They accept most insurance for their counseling services and the Friday night meetings are offered free to the community. Also offered: MIP, DWI and Drug Offender Classes. Clients are charged for missed appointments without 24-hour prior notification of cancellation. www.accesscounselinggroup.com

Allen Counseling Associates—1506 N Greenville Ave, Ste 220, Allen, Tx 75002 (Michelle Nietert, LPC-S, Director) 214-509-6888 ACA staff are solution focused and directive, which means we create a treatment plan with you setting goals during even the first session. We see adults, children, adolescents and families and are well connected to local schools and community resources. We also offer groups and more information can be found on our website. Day, Evening and Weekend appointments available. Many staff members accept insurance and those that don't can work on a sliding fee scale. www.allencounselingassociates.com

Adolescent Counseling – Lohman and Lohman – 375 Municipal Dr., #130, Richardson, TX 75080 (972) 437-3678

Allen Community Outreach (ACO)—801 E Main Street, Allen, Tx 75002—(972) 727-9131—www.acocares.org. ACO offers referrals for free or reduced family and individual counseling.

Aspen Education Group—Behavioral/Social Issues—Academic Issues. Residential Schools & Programs—(888)972-7736—Outdoor Education Programs (877) 369-9907 www.aspeneducation.com

Avenues Counseling Center (formerly McKinney Council on Substance Abuse) – 201 W. Louisiana, McKinney – (972) 562-9647 Specializes in adolescent, family, substance abuse and general counseling. A North Star Agency and sliding scale fee. T.A.P.P.S PROGRAM – Counseling services especially designed for Youth of Collin County

CATHOLIC CHARITIES: MATERNITY AND ADOPTION—9461 LBJ Freeway Suite 100 Dallas, Texas 75243 (214)520-6590 Professional individual, family and marital counseling/therapy based on ability to pay. (Both English and Spanish counseling provided.) www.catholiccharitiesdallas.org

Immigration & Counseling Services – 5415 Maple Ave., #400, Dallas – (214) 634-7182 – Provides assistance and counseling for persons seeking legal immigration status, political asylum or U.S. citizenship, as well as, special assistance for abused immigrant women.

Catalyst Education – Liberty Park Recreation Center, Meeting Room E/F, 2601 Glencliff Drive, Plano, Tx 75075 (972) 971-0629. This class is meant for parents who are struggling with teens who are acting out. The goal of the class is to understand the behavior and learn techniques for helping your teen to make better choices. Presented by: Lynn McCracken, MS, LPC, LCDC CI lynn@catalysteducation.net

Child & Family Guidance Center of Collin Co. – 4031 W. Plano Pkwy, #211, Plano – (972) 612-5989 / Dallas- number to all three locations- (214) 351-3490 Services: 1) Specialist in psychological treatment of children, adolescents, and families: 2) Family Therapy, Step-Family, and Single Parent issues; 3) Spanish speaking therapist on staff; 4) psychological testing including ADD/ADHD; 5) insurance filed by Clinic. Fees based on income and family size Safety Net Program – Provides professional individual/family/group counseling, crisis and intervention counseling, drug/alcohol/tobacco education and curriculum-based support groups for teens 13-17. Funded by a grant from the Texas Commission on Alcohol and Drug Abuse – (972) 612-5989 www.childrenandfamilies.org

CREATIVE COUNSELING/AVA GOTTLIEB – 5168 Village Creek Dr., Suite 200, Plano 75093 (Plano Pkwy & Preston) – (972) 248-7722 Individual Family Counseling and Anger Control Management – **Ava Gottlieb**, LMSW (972) 985-7600 Anger Management and Expression Skills Training (Classes for Teens/Adults) – Group Leader, Kathy Disney, LMSW

CROSSROADS (formerly Family Services of Plano) – 2600 Ave. K, #140, Plano -- (972) 578-2802 Programs include, but are not limited to: Victims Assistance (assistance to crime victims & their families); Counseling: (individual, adolescent/children, marriage/family, substance abuse, etc.) Sessions not limited: Checkpoint (family communication, runaway, curfew, truancy, and a family assessment is conducted with no charge); Minor in Possession of Alcohol Program (6-hour session for adolescents cited for Minor in Possession offense); Tobacco Awareness & Prevention Program (for those cited by law enforcement, etc.); Fees: Sliding Scale/FREE through Grant/Scholarship. Contact Shirley Barga, Director of Clinical Services. www.cfsplano.org

DALLAS PROVIDENCE HOMES—214-215-8368

GAMBLING ADDICTIONS: 3415 Custer Road Suite 117 75023 Contact Randy Rubenstein (BT) LCDC.BA.CCGC – (972) 824-2887 Counseling (Individual and Group Counseling) Fees based on Sliding Scale and ability to pay. www.planodrugcounselor.com

GAMBLER'S ANONYMOUS—Ridgeview Presbyterian Church, 12717 Marsh Lane, Dallas, Texas (214-890-0005)

Immigration & Counseling Services – 5415 Maple Ave., #400, Dallas – (214) 634-7182 – Provides assistance and counseling for persons seeking legal immigration status, political asylum or U.S. citizenship, as well as, special assistance for abused immigrant women

KEN BATEMAN—Counseling & Therapy [///www.Ken@DrKenBateman.com](http://www.Ken@DrKenBateman.com) (972) 680-8986 EXT. 202

Life Path Systems (Formerly M.H.M.R.) – 3920 Alma Dr., Plano – Child/Adolescent; Director Mary Fredericks (972) 562-0190
Child/Adolescent Services provides crisis support (sliding scale) for children through age 17, who are exhibiting signs of major depression/suicidal tendencies, etc.

Lynn McCracken, MS, LPC—100 N Central Expressway, Ste 614, Richardson, Texas 75080 & 17103 Preston Road #288N, Dallas, Tx 75248—Family Counseling & Teens; Parent Coaching and Behavior Modification Training; Individual Counseling & Coaching...for appointment call: 972-971-0632 or email lpc.lynn@gmail.com. Website: www.lynnmccracken.com

Marv Safi, M.S., LPC, NBCC-- 214-475-4018 Individual, Group, & Family Sessions—Adults, Teens, and Children. \$45 Family, \$30 Individual, \$15 Group...for appointment call: 214-475-4018, or email mslifecounselor@aol.com.

NYFC—Neighborhood Youth and Family Counseling of Richardson, Inc.—PO Box 831078, Richardson, Tx 75083-1078. (972) 744-4858 Fax (972) 744-5988 Contact: Irene Peugh. Facility's physical location is behind the Richardson Police Department (Corner of Greenville and Beltline Road in Richardson). Weekday, evening and Saturday appointments are available and NYFC has Spanish speaking staff if needed.

Pastoral Counseling and Education Center – For information & locations of counseling centers call: (214) 526-4525
Provides Child/Adolescent/Adult/Marital and Family Counseling. Special play therapy facilities. Numerous group therapy opportunities. Classes, seminars, and workshops provided for personal growth and sharpening of skills. Continuing education offerings for professionals.
Locations: Allen – Suncreek United Methodist Church, 1517 W. McDermott, 75013
Richardson – St. Luke's Lutheran Church, 1210 W. Beltline Rd. 75080
www.pccc-counseling.org

PROMISE HOUSE—224 W Page Ave, Dallas, Tx 75208...(866) 941-8578...(214) 941-8578

TEXAS LAW HELP Online resource for FREE AND LOW-COST (if you qualify) CIVIL LEGAL ASSISTANCE in Texas
www.texaslawhelp.org Military and Veteran's Affairs-Housing-Public Benefits-Health-Elder Law-Work/job discrimination and work related problems-Migrant Workers-Family Law and Domestic Violence-Wills & Estates-Immigration-Disability-Civil Rights. If you are in need of legal assistance and you are NOT low-income, please contact your local lawyer referral service or call the State Bar of Texas Lawyer Referral Information Service, Monday-Friday from 8 am to 5 pm at (800) 252-9690 or (877) 983-9227.

Truancy Law/Life Skills-Anger Management – Business Mate - 8035 East R. L. Thornton Frwy. Suite #311. Dallas, Texas 75228. Director, Cinderella Murray (214) 395-4921 or www.businessmate.biz Business Mate defines truancy, Juvenile Justice introduction and anger management while providing the youth with the essential tools of life skills. Business Mate uses the Texas Education Code, Compulsory Laws and positive affirmations for clients ages 10 through 21, as a way of promoting and encouraging self assurance, positive attitudes, determination, self confidence, willingness and effective communication skills. Time frame – two (2) consecutive Saturdays 8:00 am to 2:15 pm.

Turning Point Counseling Center – 1778 Plano Road, Ste 112, Richardson, Tx 75081 (972) 234-8636 Fax: (972)234-8639 Individual/Family/Marital Counseling/ADHD/Blended Family – Outpatient Addiction Recovery Groups (Adults/Adolescents) ADHD Coaching—helps parents and children with learning differences and ADHD function more effectively at home and school. Learn how to work with the school, protect your child, identify strengths, and cope with the behavioral and emotional consequences of this prevalent condition. Benefits the whole family. Also for ADHD adults! Test-Taking, Study Skills Strategies—drastically reduces test anxiety, improves test scores and information retention. Learn specific skills, tricks, short cuts to maximizing school performance. www.aturningpoint.org

DRUG AND ALCOHOL ABUSE RESOURCES

AL-ANON ODAAT – 1901 W. Parker Rd., Suites 201/213, Plano (972) 867-1115
Offers support groups for Adults/Teens who have an alcoholic family member or friend. www.aadallas.org

Alcohol Anonymous Living Support Group: (Monday and Friday Night) Reformed Church in Plano, 5333 Independence – Call for Meeting Schedule (972) 571-9676 or (972) 867-1115

Allen Narcotics Anonymous – 601 Greenville Ave., Allen, HELP-LINE! (972) 699-9306

Alliance Drug Testing Service—2600 K Ave., Ste 206, Plano, TX 75074 (972) 578-5959 (MUST SET AN APPOINTMENT)

Betty Ford Center Children's Program 1320 Greenway Drive Suite 100 Irving 75038, Coord., Pam Newton – (972) 753-0552
Provides intervention and prevention services to children ages 7-12 yrs. A \$400 fee is charged to this 4-day program for children affected by drug and/or alcohol abuse. However, no child is turned away for lack of funds. Scholarship assistance is available.

Child & Family Guidance Center – 4031 W. Plano Pkwy, #211, Plano (972) 612-5989
Drug Assessment/Counseling – Monday thru Friday 8:00 am to 5:00 pm

COLLIN CO. SUBSTANCE ABUSE PROGRAM – 900 E PARK, STE 170, PLANO, TX 75074 (972) 633-3370
Drug assessments and testing are available. www.ccsbabpc@collincountytx.gov

Dallas Challenge, Inc., - 7777 Forest Lane, #B410, Dallas, TX – Drug/Alcohol and Addiction Information (972) 566-4680

DRUG TESTING / PDT-90 Personal Drug Test Hair Analysis – Tests for marijuana, cocaine, opiates, methamphetamines and PCP (angel dust). Detects drug use for the previous 2-3 day period and use within the previous 90-day period. Approximately \$59.95 at Eckerd's or Walgreen's. You can also contact Psychomedics at 1-800-997-3890 for a test kit through the mail. www.psychomedics.com

Drug Test Your Teen – Kim Hildreth, PO Box 816153, Dallas, TX, 75381 (214) 797-8378; www.drugtestyourteen.com
Coupon Code: teencourt 10% off

Families Anonymous – Support for those affected by the destructive behavior of a family member caused by drugs/alcohol/emotional problems. (972) 540-1945 & (972) 562-5111 – McKinney Group – Meets Tues., @7:00 pm, Our Savior Lutheran, 2708 W. Virginia Pkwy, McKinney (thru Old Sanctuary)

Greater Dallas Council on Alcohol & Drug Abuse –4525 Lemmon Avenue, Ste 300, Dallas, Texas 75219 (214) 522-8600. www.gdcada.org

Imagine Program – 1947 Avenue K, Ste 125, Bld B, Plano, 75074 – Dir. Jim Savage, LCDC – (972) 423-6007 Adolescent Svcs: An intensive outpatient treatment program for youth (13-20). Designed for substance abuse and clients with a psychiatric diagnosis. www.imagineprogram.com

Mental Healthcare Concepts – 2321 Coit Road, Suite D. Plano, TX 75075 (972) 964-7730
Provides After-Care for those re-entering the community after drug/alcohol treatment.

NAR-ANON – Disciples Christian Church, 2001 Independence Pkwy, Plano, Texas (972) 596-3212 www.nar-anon.org

NARCONON—35059 Bend Road, Denham Springs, La 70706—(866) 422-4650 or (225) 243-5047. Drug Rehab center that has a 76% success rate backed by a solid guarantee. If any student of this program has any difficulty within six months of the program completion, they will re-admit them at no cost. www.narconon.org

National Drug & Alcohol Treatment Referral Routing System, U.S. Dept. of Health & Human Services – 1-800-662-4357
Government Agency: Provides information on treatment centers, who they serve, and what they provide. www.niaaa.nih.gov

NEXUS Recovery Center, Inc. – Sliding Scale/North Star participant – Director Sam Hilliard (214) 321-0156 x3118
(60-90 day Out-Patient) 8733 Laprada, Dallas, TX (60-day Intensive Outpatient & 70-day Supportive Outpatient) 2519 Oaklawn, Dallas

PHOENIX HOUSE OF DALLAS—Offers both Residential Treatment and Outpatient Services for teens struggling with drug and/or alcohol abuse as well as mental health issues. For a FREE assessment, call (214) 999-1044 ext. 3156 www.phoenixhouse.org/texas (For a full description of each program, please see Outpatient CARE and RESIDENTIAL TREATMENT CENTERS).

THE RIGHT STEP—IOP-- 1200 Commerce, Ste 116, Plano, Tx 75093...972-985-6100 Intensive Outpatient; Transitional Living Programs
Alcohol & drug rehab—counseling.

THE RIGHT STEP—RESIDENTIAL/DAY TREATMENT—2219 W Euless Blvd, Euless, Tx 76040 817-857-9100. Detoxification, Residential, Day Treatment, Adult and Adolescent Intensive Outpatient, Aftercare Services, Sober Living Program, Recovery Maintenance.

Shoreline After-Care –Call Plano office for meeting schedule. 2600 Ave. K, #232, Robert Eakins 1-800-628-3265

St. Joseph's Adolescent & Family Services (CATHOLIC CHARITIES) –4500 W. Davis St., Dallas, 75211 – (214) 623-9976 fax (214) 623-9647 . A NORTH STAR PROJECT; Provides Supportive Out-Patient Care; Intensive Out-Patient Care; U.A. Drug Assessment; Psychological Testing and Extensive U.A. Testing: BASC (Behavioral Assessment Scale for Children) English/Spanish counselors for adolescents/family. Sliding Scale. No one is turned away.

STARLIGHT RECOVERY CENTER—230 Mesa Verde Drive, Center Point, Tx 78010. 866-220-1626—Rhonda Gibbs—Adolescent Program serves male clients between the ages of 13 to 17. This is a 45 –day program: changes in lengths of stay are considered on an individual basis and are based on clinical needs. Clients can earn high school credit while obtaining treatment for their substance use disorders.

SUR-SCAN DRUG TESTING- 2030 Ave G, Ste 1102, Plano, Tx 75074 (972)633-1388 Open Monday thru Friday 9 am to 6 pm. Saturday from 10am to 1 pm. (No appointment necessary.)

Turning Point Counseling Center – 1701 N. Greenville, #500, Richardson, Texas 75081 – Dir. Ron Deage (972) 234-8636 Fax (972)234-8639
Individual Family/Marital Counseling/ADHD/Blended Family – Outpatient Addiction Recovery Groups (Adults/Adolescents) Plan 21 Provider
www.aturningpoint.org

Tough Love – Information and Meeting Locations throughout the Metroplex (Not a Crisis Line) (972) 4790428
Support group for parents whose families are being torn apart by unacceptable behavior of teenagers. Education, support, assistance and sharing are provided during times of crisis and to increase parenting skills. Tough Love is a support group for parents and not teenagers. www.toughlove.com

UNIVERSITY BEHAVIORAL HEALTH— 2026 West University Drive, Denton, Texas 76201(940) 320-8100 or (888)320-8101—Regional Mental Health & Chemical Dependency Care www.ubhdenton.net

US DEPARTMENT OF HEALTH AND HUMAN SERVICES, SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION'S CENTER FOR SUBSTANCE ABUSE TREATMENT PROVIDES A TOLL-FREE, 24-HOUR TREATMENT REFERRAL SERVICE TO HELP YOU LOCATE TREATMENT OPTIONS NEAR YOU. FOR A REFERRAL TO A TREATMENT CENTER OR SUPPORT GROUP IN YOUR AREA, CALL: 1-800-662-4357. FOR SPANISH SPEAKING CALL: 1-877-767-8432.

EDUCATIONAL RESOURCES

Allen Community Outreach (ACO)—801 E Main Street, Allen, Tx 75002—(972)727-9131—www.acocares.org. ACO houses free GED prep classes on Tuesday and Thursday evenings from 6:00-7:30 pm. No reservations required.

BOOT CAMP (CONCERNED CITIZENS OF DALLAS) – 2636 Britton, Dallas, Texas 75216 – Dir. Kenneth Grant (214) 951-9331
Weekend Boot Camp provides Family counseling/Tutoring/Bus Tours/Youth Guidance/Summer Camps/Recreation in Christian-based setting.
Hours of Camp: Saturday 6:00 am to 5:00 pm. (No OVER-NIGHT Stays). You do not need to set an appointment for someone to attend this boot camp. Cost: \$100 first weekend—covers 4 weekends of boot camp—Money order or cash only!! MUST bring own lunch!!

BOOT CAMP—THE HELP PROGRAM—2815 S Ervay Street, Dallas, Tx 75215. Dir. Max Bailey and Dir. LeDayne Morris (214) 469-6361—www.thehelpprogram.org. Weekend Boot Camp provides Youth Guidance/Tutoring/Mentoring/Family Counseling/Serves boy/girls ages up to 17 years. Hours of Camp: Friday 5:30pm to 9:30 pm & Saturday 8:00 am to 2:00 pm—NO OVERNIGHT STAYS. We are flexible with our hours. Cost: \$80.00 per person, per weekend of boot camp---Cash, Money Order, Cashier Checks ONLY!!! Must bring own lunch and a change of clothing—Located on DART rail line.

BOOT CAMP – Thayer Learning Center – 1-800-435-0688—Military style boot camp & boarding school. www.tlcprogram.com

BOOT CAMP—A REALITY CHECK—214-564-6636—200 N Jim Miller Road, Dallas, Texas 75217—Dir. SSgt. A Wingate. Friday evening 5:00 pm – 8:30 pm and Saturday 12:50 pm to 7:00 pm Boot Camp. The ultimate goal of this program is for the participant to recognize and diffuse feelings and influences which lead to negative behavior. The program not only focuses on self-evaluation and skills necessary to effect behavior change, it also focuses on positive and essential life skills, including the ability to recognize good and bad peer pressure and the value of developing strong communication, decision-making and self-presentation skills. www.Arealitycheck06@aim.com

Boot Camp (Get Motivated) – 3650 New Hope Road Aubrey, TX 75201 (940) 365-1818 The boot camp is available to males aged 13-17 (18 year olds allowed if currently in HS) and their parents on Sundays from 7 AM – 5 PM. The 12 week camp combines group therapy and physical training. This agency also provides individual and family counseling for males and females aged 11-19 for \$100/session. Fees - \$169 for each boot camp session. www.getmotivatedbootcamp.com

BOOTCAMP—PATHFINDERS JUVENILE BEHAVIORAL MODIFICATION PROGRAM 817-713-1292 Capt. Dawn Utz or 817-713-1291 Lt. Randy Utz . PO Box 1749 Springtown Texas, 76082. \$200 Cash or Money Order. This is an overnight boot camp. Friday night till Sunday afternoon.

BOOTCAMP---YOUTH INTERVENTION—GANG INTERVENTION---GIRLS COACHING. The goal is to decrease recidivism, residential placement or subsequent court action by building strengths and development assets in youth that will provide a greater resiliency and responsible behavior. Youth that attend this program will learn words like: Pride, Respect, Discipline, Honesty, and Judgment. Each youth is heavily confronted about his/her negative behavior, and given several suggestions on how to change the behavior. Each youth enrolled is required to participate in a physical work-out routine designed to build self-esteem, expose negative behavior, surface emotions, and promote positive decision-making skills. Pricing varies per program component...\$10.00 to \$55.00 per session. Cash or Money order only. www.jreese@seinet.us

CHARTER SCHOOL –EVOLUTION ACADEMY – 1101 S. Sherman Street 75081, Richardson, TX. – Dir. Cynthia Trigg (972) 907-3755
1) Collin Co. youth earn TEA approved high school diploma; 2) FREE – No tuition; 3) Targets youth 14-21 years who are at risk of dropping out; 4) Free transportation; 5) Free breakfast; 6) AM or PM sessions; and, 7) Curriculum focuses on job training and job placement.
www.evolutionacademy.org

COLLIN COUNTY COMMUNITY COLLEGE – 2800 E. Spring Creek Pkwy, Plano, TX - (972) 881-5781 GED Class prep.
Career Services: 1) career planning/placement; 2) career assessment; 3) job search/skill building; 4) resource library/computerized career information.
www.ccccd.edu

Dallas Learning Center – 1021 Newberry Dr., Suite 1, Richardson, TX 75080 – (972) 231-3723 (Alternative School)
www.dallaslearningcenter.com

DENTON COUNTY SHERIFF'S OFFICE—JUVENILE IMPACT PROGRAM—127 N Woodrow Lane, Denton, Texas 76205-6397—Deputy Amanda Allen, Program Coordinator—(940) 349-1651 Fax (940)349-1604 The Juvenile Impact Program is a three and a half hour program in which juveniles – offenders or potential offenders—listen to the life stories of people who have been convicted of crimes and who are spending part of their lives in jail as a result. Anyone 10 to 17 years of age that has been referred by a school, court, police officer, or parent may attend.
www.amanda.allen@dentoncounty.com

GED Classes / Allen ISD – 610 E. Bethany, Allen, TX 75002 – Contact Linda Burdette (972) 727-7163 x236
Classes are held on Tuesday and Thursday 6:00 pm – 7:30 pm.

GED Testing – Plano ISD, Located at PISD Special Programs Center, 2221 Legacy Dr., Plano (469) 752-6956

Great Lakes Academy – 6000 Custer Rd., Bldg 7, Plano, 75023 (Spring Creek & Custer Rd.) – (972) 517-7498 ext 103
Private School for Learning Different Students, including ADD/ADHD. Mon.-Fri. 8:00 am to 4:00 pm. www.greatlakesacademy.us

“HOME-SCHOOL” Information / Texas Home School Coalition – P.O. Box 6747, Lubbock, TX 79493 – (806) 744-4441 Fax (806) 744-4446
T.E.A. rules provided to those choosing to Home-School their children. However, Texas does not award a diploma to “Home-Schoolers” or to students enrolled in unaccredited private schools. A General Equivalency Diploma or GED is awarded to those passing the GED exam.
www.thsc.org

JOB CORPS CENTER, McKinney – 1701 N Church Street, McKinney, Texas 75070-- (972)-542-2623 Fax (972) 547-7703
A federally funded residential training program for youth which includes both vocational and academic instruction.
Workforce Investment Act Youth Service (WIA) – Director Earl Perry – 1713 Louisiana St., McKinney (972) 542-3381
Offers year around work experience, educational assistance and job skills to youth ages 14-18 yrs. (Replaced JTPA)
North Central Texas Workforce—820 Jupiter Rd., Ste 100, Plano, Tx 75074 –Arrington - Manager—Youth Recruiter (469) 229-0099
www.northtexas.jobcorps.gov

Literacy Program of Plano ISD – “Even Start” located at 1300 19th St., Plano – Coord., Jane Lilliston (469) 752-2252
Literacy program where families learn together. Classes include adult education, early childhood; GED prep classes, etc., in English. Must reside in Plano ISD. Must have a child under the age of 8 years. Low income families only.

Lone Star Expeditions—1728 Forest Road #5101, Groveton, Tx 75845 ///www.lonestarexpeditions.com (866) 573-2002
Outdoor Behavioral Treatment Program licensed by the state of Texas. Serves boys/girls ages 14-17.

SPANISH CLASSES AVAILABLE: Hispanic Services Coordinator, Parent Educator and Facilitator, Juliette Echaniz (469) 752-2277. Parenting Together for Adolescents – Free 6-week or 12-week program for Spanish speaking teens and their parents. (Therapeutic Counselor on staff for Individual counseling.) – Facilitator, Lourdes Wilkins – English classes for Spanish speaking persons on Mon. & Wed. evenings 6:00 pm – 9:00 pm.

TEXAS CHALLENGE ACADEMY . – A Youth Education Program of the Texas National Guard, P.O. Box 510, Sheffield, Tx 432-836-4648
TCA is a volunteer program for 16 to 19 year old teens that are at risk of dropping out of high school. The program requires a 17 ½ month commitment and is divided into three phases: Pre-ChalleNGe—the first two weeks of the residential phase concentrates on drill, ceremony, physical training and life skills. ChalleNGe—The remaining twenty weeks of the residential phase concentrates on the eight core components: Life Coping Skills, Education Excellence, Skills Training, Responsible Citizenship, Leadership/Followership, Health, Hygiene, Sex Education, Physical Fitness and Voluntary Services. Cadets will attend daily academic classes. Cadets of the Texas ChalleNGE Academy will graduate in a cap and gown ceremony . Post ChalleNGe: graduates begin their collegiate careers, enlist in the military or join the workforce. For 12 months following the residential phase, Cadets are required to maintain contact with a mentor. To receive an application, you may download one via the Internet. This is a FREE program for volunteers. www.ngycp.ort/state/tx. Contact: SSG Eliu Rojas, Recruiter

Truancy Law/Life Skills-Anger Management – Business Mate - 8035 East R. L. Thornton Frwy. Suite #311. Dallas, Texas 75228. Director, Cinderella Murray (214) 395-4921 or www.businessmate.biz Business Mate defines truancy, Juvenile Justice introduction and anger management while providing the youth with the essential tools of life skills. Business Mate uses the Texas Education Code, Compulsory Laws and positive affirmations for clients ages 10 through 21, as a way of promoting and encouraging self assurance, positive attitudes, determination, self confidence, willingness and effective communication skills. Time frame – two (2) consecutive Saturdays 8:00 am to 2:15 pm.

SERENITY HIGH (9th – 12th Grades) –2100 White Avenue, McKinney, Texas 75069 (469)742-2676 Fax (469) 742-7831 Established in Collin Co. under the auspices of McKinney ISD solely for students coming out of drug treatment where recovering teens can live out their commitment to staying clean and sober. www.serenityhigh.org

TEEN PROGRAM. INFO—Information & Resource center for Private Schools & Programs---// www.teenprogram.info (800) 688-8706

Texas WORK FORCE Center (Employment Commission) – Job placement and preparation for employment opportunities (English/Spanish).Richardson: 1222 E. Arapaho, #336 – (972) 234-5391; McKinney: 1713 Louisiana, - (972) 542-3381

DARS (Division for Assistive and Rehabilitation Services): 520 Central Parkway East, #232, Plano – (214) 365-2800
Eligibility: 1) 17 yrs; 2) not attending high school; and 3) handicap to employment. Disabilities may include alcohol/drug addiction and speech, language or learning disabilities. Services include medical/psychological and vocational evaluation; counseling, training and/or education in a trade, business school or college.

Turn-About Ranch—280 North 300 East, PO Box 345, Escalante, Utah 84726 (800)842-1165 Fax (435)826-4261---Serving ages 12-18. Turn-about Ranch is a short-term, high impact therapy program that emphasizes family values and relationships. This co-ed program is located on a cattle ranch in Escalante, Utah. Licensed as a residential treatment center—offers education and treatment with a Christian-based philosophy. Academics can be achieved while at the Ranch. Accredited by Northwest Association of Schools and Colleges, therefore, all credits are easily transferred.

www.turnaboutranch.com

UNDER THE UMBRELLA—SPECIALIZED EDUCATION FOR CHILDREN ON THE AUTISM SPECTRUM—Lesli Bernanke—Director of Special Programs...214-603-6049.

U.S. ARMY – Will now allow enlistees to attend college on a stipend for 2 years before they serve. If you are eligible, (17-35 yrs) and a high school drop-out, the Army will finance your study for the GED. These pilot programs are offered in selected recruiting regions. Call your local Army recruiter. Shy? Click on www.goarmy.com – PLANO RECRUITER: 301 W. Parker Rd. (972) 422-1090 Fax (972) 422-1092

WILLOW BEND ACADEMY—2200 Coit Road, Ste 500, Plano, Tx 75075. Phone: 972-599-7882 Fax: 972-612-7858 Willow Bend Academy offers complete Middle School through High School Education and other services including supplemental classes, make-up classes, individualized assistance, and academic evaluations to students in public, private and home schools. The combination of individualized placement and tutoring with mastery based progress allows many students to make an academic turn-around and regain their love for learning. Will Bend Academy is accredited by the Southern Association of Colleges and Schools. Enrollment is open year round. Limited need-based financial assistance available.
www.willowbendacademy.com.

Winfree Academy/Courage Center – Grapevine: 817-481-5803 / Irving: 972-251-2010 / NRH: 817-590-2240 / Lewisville: 214-222-2200 / Richardson: 972-234-9855 / Corporate: 972-869-3250.

HEALTH – CARE SERVICES

Asthma Network of Plano – Hotline – (972) 519-1475

Group for adults and children affected by asthma and their families. Meetings held the first Tuesday of each month in Classrooms 1 & 2 (second floor), HCA Medical Center of Plano, 3901 W. 15th St., Plano.

Caring for Children Foundation of Texas – immunizations. To verify eligibility call 1-800-258-5437.

CHILDREN'S MEDICAL CLINIC OF PLANO – WALK-INS! – 1407 14th St., Plano – Ex. Director, Susan Shuler – (972) 801-9689

Day-Time by Appointment: Mon. thru Fri. 8:30 am to 4:30 pm; WALK-INS on Wed. and Thurs. 6:00 pm to 7:00 pm. (GET IN LINE EARLY). Services FREE to Medicaid, uninsured and qualifying patients by volunteer doctors, nurses and staff. Clinic is not intended for those who can afford medical care.

CHILDREN'S HEALTH INSURANCE PROGRAM—CHIPS... (877) 543-7669 The Children's Health Insurance Program is designed for families who earn too much money to qualify for Medicaid, yet cannot afford to buy private insurance for their children. CHIP coverage provides eligible children with coverage for a full range of health services including regular checkups, immunizations, prescription drugs, lab tests, x-rays, hospital visits and more. www.hhsc.state.tx.us

DALLAS BEHAVIORAL HEALTHCARE NETWORK – (214) 321-4556

HEALTH CARE SERVICES OF COLLIN CO. – 825 N. McDonald, Suite 130, McKinney – Dir. - Candy Blair – (972) 424-1460 x5500

McKinney Clinic provides: 1) Well-Child Clinic (restricted to children under 5 yrs on Medicaid – no charge); 2) Immunization Clinic Shots: Mon. 8:30 -11:00 am / 1:00 – 3:30 pm (fees based on sliding scale); 3) Tuberculosis Clinic (fees based on sliding scale); 4) Prenatal Clinic (for those qualifying for Indigent Health Care); and 5) Sexually Transmitted Disease Clinic (fees based on sliding scale). 6) Hospitalization – Columbia Hospital of McKinney; 7) Indigent Care – contact Patti Lohrs at (972) 548-3985; 8) Chronically Ill & Disabled: 1-800-248-7004

MEDICAID OFFICE – Dept. of Human Services – 901N. McDonald, #800, McKinney, 75069 – (972) 562-5832
Applications processed and qualifying residents placed on Medicaid.

HUMAN RESOURCES & CHILD WELFARE of Texas – McKinney Office: 113 Industrial, Suite C – Local # (972) 562-5832

Administers and provides qualifying information for the Food Stamp Program and Medicaid Benefits. To report Child Abuse 1-800-252-5400

LIFE PATH SYSTEMS (formerly M.H.M.R.) – 3920 Alma Dr., Plano – Child/Adolescent Director Mary Fredericks (972) 562-0190

The Child/Adolescent Services of MHMR provides crisis support and counseling (sliding scale) for children through 17 yrs of age who are exhibiting homicidal/suicidal tendencies or signs of possible major depression – North Star Program (sliding scale).

PHARMACEUTICAL ASSISTANCE PROGRAM – Collin Co. Office: (972) 422-1850 Dallas Co. Office: (214) 379-4357
Procedures: 1) School Nurse/Principal, etc. contacts Doctor; 2) Doctor contacts Information & Referral; 3) Agency contacts Collin/Dallas Co. Health-Care Services; 4) Collin/Dallas Co. Health-Care Services will handle the paper work and file the claim with the pharmaceutical company.

PRESBYTERIAN HEALTH CARE CLINIC – 900 E. Park Blvd., Suite 100, Plano 75074 – (972) 509-4554
Plano: Served by cooperative of Presbyterian Health Care Clinic & Collin Co. Health Care Services (Services available outlined below)
Fees: Low-Cost/Sliding-Scale / Indigent Care available through qualifying under Medicaid Guidelines. Call for Appointment!
Office Hours: Mon.- Fri. 8:00 am – 5:00 pm / Closed for Lunch 12:00 noon to 1:00 pm; 1) Family Practice & Pediatric Care; 2) OBGYN Clinic (prenatal care for MEDICAID patients ONLY); 3) Shot Clinic: Hours Mon-Fri 8:00 am to 5:00 pm / Closed for lunch 12:00 noon to 1:00 pm.

TexCare Partnership, Children's Health Insurance Program (CHIP) – Local # (214) 954-4213 or 1-800-647-6558
Fits your Budget and Applying is easy. Call toll-free to have questions answered from 9am-9pm Mon-Fri and 9am-3pm Sat. (Central Time), except federal holidays. We will complete your application over the phone or go to www.texcarepartnership.com to download the application. Your school nurse can assist in applying for this new health insurance program developed for children from birth to 18 years. Benefits include: regular checkups, shots, eye exams, glasses, prescription drugs, specialist care, dental care, mental health care, ex-rays, lab tests, hospital care and services. Covers Pre-existing conditions and offers a choice of doctors. Illegal Immigrant Questions Contact: For information call Catholic Charities (214) 623-9976.

SUPPORT GROUPS for Children and Adults

AL-ANON ODAAT – 1901 W. Parker Rd., Suite 209, Plano – (972) 867-1115
Offers support groups for Adults/Teens who have an alcoholic family member or friend. Teenagers meet at 8:00 pm on Wednesday.

Families Anonymous – (972) 407-4420 - Support for those affected by destructive behavior of a family member caused by drugs/alcohol/emotional problems. McKinney Group – Meets Tuesday @ 7:00 pm, Our Savior Lutheran Church, 2708 W. Virginia Pkwy., McKinney

Family Outreach of Richardson & Plano – CCCA Center – Case Manager, Debbie Decicco – (972) 231-6584
Services for children and women by the Center's 60 volunteers include: 1) speaker's bureau; 2) parenting classes; 3) a women's support group; 4) referral services; and 5) a stress line for crisis. Works closely w/Child Protective Services.

Green Oaks Hospital – Support Group for those suffering with depression. (972) 991-9504

GRIEF COUNSELING / SUPPORT GROUPS:

Healing Matters – Grief support group for adults and children – Medical Center of Plano (972) 519-1588

Journey of Hope – Non-profit grief counseling designed to provide assistance through trained volunteers to children & their families who suffer loss due to the death of a parent, sibling, or friend. (972) 964-1600

My Guarding Angel – located in W. Plano Presbyterian Church, 2709 Custer Rd., Plano – (972) 596-2415 - Grief Recovery/Peer Support Group for children 4-17 yrs w/loss through death, divorce or abandonment.

YOUTH MENTOR NETWORK – 2600 Ave. K, Suite #140, Plano, TX, 75074 – (972) 423-9559

Organization dedicated to matching youth with caring, supportive adults to serve as mentors for youths at risk of getting involved with gangs, drugs or suicide and the lack of a protective adult in their neighborhood to turn to in time of crisis. Call if you know a child who needs a protector or if you would like to volunteer for this mentoring program. Background checks/training required before being matched.

TOUGH LOVE – Information and meeting locations throughout the Metroplex (Not a Crisis Line) (972) 558-1762

Support groups for parents whose families are being torn apart by unacceptable behavior of teenagers. Education and sharing are provided to increase parenting skills. Support and assistance is given during times of crisis. Tough Love is a support group for parents and not teenagers.

VOLUNTEER / COMMUNITY SERVICE OPPORTUNITIES

Allen Community Outreach (ACO)—801 E Main Street, Allen, Tx 75002 (972)727-9131
Boys & Girls Club of Collin Co. (972) 633-9699; Boys & Girls Club of Plano (972)424-6301; City of Frisco (972)335-5555;
Collin County Committee on Aging (972)569-6753; Community Services (214) 585-0885; Douglass Com. Center (972) 941-7174;
Food Pantry (972) 424-4574; Frisco Family Services Center (972)712-7833; God's Food Pantry (972)633-9777; Heard
Museum – Metro# (972) 562-5566 x226; Help for Helpless Animals (972) 424-4860; Heritage Farmstead (972) 424-7874; McKinney

Community Center (972)542-0045; Myers Youth Park (972) 548-4793 Organization of Latin Americans (OLA) (972) 422-2252;
Plano Children's Theater (972) 422-2575; Plano Community Charities (Phoenix Ministries) – (972) 578-0399; Salvation Army (972) 423-8254
Red Cross of North Texas (972)542-0679; Samaritan Inn (972) 542-5302; Teen Court (972) 548-4654; YMCA – (972) 378-9622; Soup
Kitchen: Union Gospel Mission, 3211 Irving Blvd., Dallas (214) 637-6117;
Teen Groups – Volunteer Opportunities Designed to reach Teenagers: www.volunteerpowercrow.org Ages 14 & up (214) 821-8711
City of Plano Volunteer Opportunities (972) 941-7114; Southern Collin County Habitat for Humanity (972) 424-0791
Volunteer Center of Collin County – McKinney, Texas (972) 548-0679

REFERRAL INFORMATION & PLACEMENT ASSISTANCE

SUICIDE/CRISIS 24-HOUR HOTLINE – (214) 828-1000; **COUNSELING 24-HOUR** (972) 233-2233
TEEN CRISIS HOTLINE (Plano) – (972) 509-5437 / Non-emergency information – (972) 424-7547
Assistance Center of Collin Co. (Formerly Information and Referral) – Plano Office: (972) 422-1850
Allen Community Outreach – (972) 727-9131—801 E Main Street, Allen, Tx 75002—www.acocares.org
Collin County Substance Abuse Program, McKinney (Contact Sabina Stern) – (972) 424-1460 x5570
24-Hour Alcohol & Drug Abuse Crisis Line (Placement Info.: Robert Eakins w/Shoreline, Inc.) 1-800-628-3265
Dallas Challenge, Inc., 414 S. R.L.Thornton, Dallas, TX – Drug/Alcohol and Addiction Information & Treatment (214) 860-4408 or (214) 860-4480
Greater Dallas Council on Alcohol/Drug Abuse – Free Adult Treatment Services (Mon.-Thurs. 8:00 am to 5:00 pm) – (214) 522-8600
Avenues Counseling Center (formerly McKinney Council on Substance Abuse), McKinney – (972) 562-9647
National Drug/Alcohol Treatment/Referral Routing System, U.S. Dept of Health & Human Services – 1-800-662-4357
STOP DRUGS – Stop the flow of drugs in Plano! Report drug use anonymously @24-Hour Hotline – (972) 941-7867

The U.S. Department of Health & Human Services, Substance Abuse and Mental Health Services provides a toll-free, 24 –hour treatment referral service to help you locate treatment options near you. For a referral to a treatment center or support group in your area, call: (800) 662-4357—English; (800) 487-4889 (TDD); (877) 767-8432—Spanish.

YOUTH SHELTERS

Buckner Children's Shelter, Dallas – (214) 328-3141
Salvation Army (Crisis Shelter) – 2640 Webb Chapel Extension, Dallas, TX,75220 – (214) 358-4504
Juvenile Alternatives, Sherman - (903) 893-4717 or 1-800-568-7776
Lena Pope Shelter, Ft. Worth – (817) 731-8681
LETOT Center – Dallas Co. Residents/Referral thru Dallas Police Dept. – (214) 357-0391
Promise House, Dallas – (214) 941-8578

OUT-PATIENT CARE (Day Treatment and After-Care)

AddiCare (STAR Program) – Dallas Office: Contact Jay Harrison (214) 824-6503 – www.addicare.com
Baylor-Richardson Medical Center, Richardson – HELP Line – (972) 498-4717
Green Oaks Hospital, Dallas, TX – (972) 991-9504
Mental Health Concept – (972) 964-7730

PHOENIX HOUSE—OUTPATIENT SERVICES—2438 Butler Street, Ste 100, Dallas, Tx 75235. For a FREE assessment call (214) 999-1044 ext 3156. Phoenix House offers an intensive after-school outpatient program in Dallas for male and female adolescents ages 13-17 who are in trouble with drugs and alcohol. During treatment, teens work to rebuild their self-esteem as well as learn to control anger and impulsive behavior, make positive choices, manage stress and plan for the future. The program provides adolescent outpatient services using evidence-based practices. These services include: Intensive Outpatient Services (IOP), INDIVIDUAL therapy, FAMILY therapy, GED referrals, employment coaching, RELAPSE PREVENTION training, GROUP Counseling, personalized RECOVERY MANAGEMENT planning, Supportive Outpatient (SOP), personal CASE management, and AFTERCARE services. www.phoenixhouse.org/texas.

The Right Step, IOP Program—1200 Commerce, Ste 116, Plano, Tx 76040 972-985-6100 Davis Stanley Smith—IOP Program Coordinator
www.rightstep.com
Seay Behavioral Center, Plano – (972) 981-8300
Shoreline, Inc. (After-Care) – FREE – Call Robert Eakins in Plano office for meeting schedule., 2600 Ave K., #232 , Plano, 1-800-628-3265
St. Joseph's Adolescent & Family Serv. (Catholic Charities) – 4500 W. Davis St., Dallas, 75211 – (214) 623-9976
Turning Point – Contact Ron Deage – (972) 234-8636

RESIDENTIAL TREATMENT CENTERS

Allredge Academy – Hwy. 32, P.O.Box 310, Davis, West Virginia, 26260 – (304) 259-2262 or (888) 468-1828
Aspen Education Group—www.aspeneducation.com (877) 369-9907
“Big Sky” (Spring Creek Lodge) Thompson Falls, Montana – 9 month substance abuse/behavior program backed by a warranty! – 1-888-633-2697
Brown School Excel Academy (JJAEP) – 2525 Murworth Dr., #100, Houston, 77054 – FAX (713) 669-0788; Phone (713) 669-0799
This is a Juvenile Justice Alternative Education Program & accepts students who are expelled or Court-Ordered into the program.
Cedar Crest – RTC, Belton, TX 76513 – Boys/Girls 4-17yrs. (254) 939-2100 3500 S. IH 35
Four Winds – 501 N Santa Fe, Guthrie, OK 73044 (405) 260-0212
Happy Hills Farm Academy, Hwy 144, Grandbury, TX (254) 897-4822 76048
Hazeldon Center for Youth & Family – 11505 36th Ave. N., Plymouth, Minn. 55441 – 30 day inpatient; ages 14-25; 1-800-257-7800
Heart Line (near Tyler, Texas) – Christian-Based Residential Care – (903) 668-2173
Holmes Street Treatment Center – 2503 Martin Luther King Jr., Dallas (214) 421-7580
Homeward Bound – Addicare refers In-Patient Care to Homeward Bound (17 yrs+). Call for information – (214) 941-3500
House of Isiah – P.O. Box 1405, Mabank, TX 75147 – Isiah Robertson, Founder – (903) 887-1791
Christian-based 6 month treatment program for men 17 yrs-up / physical & psychological exams / drug assessments & treatment / GED testing / Sliding Scale
Journey Home Recovery Center, Inc., 10875 Fontenot Rd., Denham Springs, LA, 70726 – (225) 667-3933
Juliette Fowler Home, 1234 Abrams Rd., Dallas, TX, 75214 – (214) 827-0813
La Hacienda Outreach Center, Hunt, TX (near Kerrville) 4-week Chemical Dependency Care (Boys/Girls 15-18 yrs) (830) 238-4222 or 1-800-749-6160
Laurel Ridge, San Antonio, TX – Drug Treatment – (210) 491-9400
Lena Pope Home, 3131 Sanguinet, Ft. Worth, 76107 – For Information Call (817) 731-8681
Lone Star Expeditions, 1728 Forest Road #5101, Groveton, Tx 75845
Millwood Hospital (Behavioral Health Care) – Arlington, TX (Drug/Alcohol & Behavior Issues) 1-817-261-3121 / 1-800-258-2440

Meridell Achievement Center, P.O. Box 87, Liberty Hill, TX, 78642 (N. of Austin) 1-800-366-8656
Psychiatric Treatment for children and adolescents. Westwood Campus, Liberty Hill, TX
NEXUS, 8733 LaPrada, Dallas – NorthStar (sliding scale) Drug/Alcohol Program (girls 13-17) Dir., Beverly Carroll (214) 321-0156 x2110
New Cannon Ranch, Pulaski, Tenn. – FREE Christian-Based program (residents work in local businesses to pay for care) – (931) 363-8705
Our Friends Place, Dallas –(214) 520-6268) – (931) 363-8705
Our Friends Place, Dallas –(214) 520-6268

Phoenix Academy of Dallas—RESIDENTIAL TREATMENT—2345 Reagan Street, Dallas, Tx 75219 (214) 999-1044 ext 3156
www.phoenixhouse.org/texas Phoenix House’s Feinberg Academy is a residential treatment facility and school that serves male and female adolescents ages 13-17 who struggle with substance abuse issues. The Academy combines substance abuse treatment with daily on-site education programming provided by the Dallas Independent School District. Our Dallas Academy provides a full range of residential recovery care which includes: fully accredited on-site EDUCATION, on-site PSYCHIATRIC and nursing care, COUNSELING, life skills, FAMILY services, personal RECOVERY MANAGEMENT planning and pre-vocational training. For Phoenix Academy of Austin (512) 440-0613 ext 4745.

Power House, Gonzales, LA – 17 yrs & up (225) 647-8277
Recovery Ranch, Austin, TX – Men 18 yrs & Up - (512) 243-1911
San Marcos Treatment Center (BROWN SCHOOL), San Marcos – 1-800-251-0059
Seay Center (Presbyterian Hospital of Plano) – 6110 W. Parker Rd., Plano (972) 981-8300
Shoreline, Inc. 1220 Gregory, Taft, TX 78390 (located near Corpus Christi) – Placement Assistance – Robert Eakins – 1-800-628-3265
Star Light (Recovery Center) – Center Point, TX (near Kerrville) – Adolescents & Adults 18 yrs+) 1-800-292-0148 230 Mesa Verde Dr. E. 7810
Straight Way Training Center (50 mi. South of Houston) – 15 month program (live-in / long-term / will take families / low cost) (979) 532-5613
Summer Sky Treatment Center – Stephenville, TX – Serves clients 12 yrs to 17 yrs of age. (Contact Ricky Shockley) (254) 968-2907
Sundown Ranch, Rt. 4, Box 182, Canton, TX, 75013 – Serves boys/girls ages 12 to 24 yrs., (903) 479-3933 / FAX (903) 479-3999
Teen Challenge—N.W. Arkansas /// www.teenchallengeusa.com Serves boys/girls ages 12 to 17 yrs, (479) 848-3105
Teen Program— /// www.teenprogram.info Information & research center for Private Schools & Programs (800) 688-8706
Turn-About Ranch – Escalante, Utah (800) 842-1165

BASIC CARE GROUP HOMES

Boles Children’s Home, Quinlin – (903) 883-2204 – 7605 Love Quinlin, TX, 75474
Boys/Girls Town – Boys Town , Nebraska – Admissions Office (402) 498-1900
Buckner Baptist Children’s Home, Dallas – (214) 328-3141 5200 South Buckner Blvd. Dallas 75277
Cal Farley’s Boy’s and Girl’s Ranch, Amarillo (separate residence) – Admissions Office: 1-800-657-7124
Cedar Crest, Belton, TX – Group Home / Behavioral – (254) 393-2100
Edna Gladney Home, 6300 John Ryan Dr., Ft. Worth – Expectant Mother’s Group Home & Adoptions – (817) 922-6000
Freedom House ADTC, 400 Lake Front Dr., Russellville, ARK., 72802 – Gary Rhods, Director – (479) 968-7086
Holy Highways – Christian Girls Home – for girls w/Behavior Issues / 9-12 mo. Program (state & private funding) Pickton, TX (903) 866-3300
Methodist Children’s Home, Waco, TX – (254) 753-0181; Admissions 1-800-964-9226
Oaks Treatment Center (adolescent behavioral treatment), 1407 W. Stassney Ln., Austin, 78745 – 1-800-843-6257
Our Friends Place, Dallas – (therapeutic foster group home for abused and neglected girls 10-17 yrs) (214) 520-6268
Piney Woods School, Hwy 49-South, Piney Woods, Miss. 39148 – (601) 845-2214

High Academic Requirements / Discipline / Uniforms are part of program to prepare students for life and college
Pleasant Hills Children's Home, Fairfield – (903) 989-2641
Treatment for Behavior Issues for Boys & Girls ages 5-17 years (NO CHILD IS TURNED AWAY)
Texas Baptist Children's Home, Round Rock – (512) 255-3668; Texas Baptist Children's Home, Waxahachie - 1-972-937-1321
Youth-Reach, Houston (281)459-4555 Fax (281)459-4440 www.youth-reach.org Boys ages 12-21 are accepted by application and Interview.

INDEPENDENT LIVING PROGRAMS

Job Corps Centers – (Texas Employment Commission Screening Center) – (214) 372-1471
Job Corps Out-Reach of Dallas – (214) 824-3030 FAX# (214-824-2877
Juliette Fowler Home, Dallas – (214) 827-0813
Lena Pope Home, Dallas – Call the Ft. Worth office for information (817) 731-8681
Life Works, Provides Individual and Family Counseling for Behavior Issues – Austin Office: (512) 735-2200 or (512) 327-8018
Our Friends Place, Dallas – (Women 18-24 yrs) – (214) 520-6268

HOMELESS SHELTERS for Adults and Families

The following agencies help the homeless and low-income people with basic needs or housing. Top items needed include blankets, coats, gloves, hats, money and personal hygiene items, such as soap and toothbrushes.

Austin Street Shelter for the Homeless, 2929 Hickory Street, Dallas 75266 – Overnight Only -(214) 428-4242
Central Dallas Ministries, 409 N. Haskell Ave., Dallas (214) 823-8710
Dallas International Street Church, 2312 Grand Ave., Dallas – (214) 421-1288
Dallas Life Foundation, Dallas, TX (214) 421-1380 1100 Cadiz St. Dallas, TX. 75215
Dallas Providence Homes, Dallas, Tx 214-515-8368
Day Resource Center, 901 S. Ervay St., Dallas (214) 670-3043
Emily's Place, Plano, Tx 214-512-8368
Salvation Army, 5302 Harry Hines Blvd., Dallas (214) 424-7000
Samaritan Inn, McKinney – Shelter – 1710 N. McDonald St., McKinney: (972) 562-7375
The Stewpot, 408 Park Ave., Dallas (214) 746-2785
Union Gospel Mission, (SOUP KITCHEN) 3211 Irving Blvd., Dallas 75247 (214) 637-6117
Women's Shelter (HOPE'S DOOR) Plano – Shelter for women and children (location not published) – 24-Hour HOTLINE (972) 422-7233

TRANSPORTATION

DART—Dallas Area Rapid Transportation – Customer Service....214-979-1111

DART ON -CALL -----EAST PLANO 972-880-5723 NORTH CENTRAL PLANO 972-658-2190